



January 2024

Breakfast

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1. Academy Closed In Observance of New Year's Day	2. Oatmeal Banana 1% Milk Whole Milk	3. Cheerios Peaches 1% Milk Whole Milk	4. Waffles Pears 1% Milk Whole Milk	5. Belvita Bars Bananas 1% Milk Whole Milk	
	8. Kix Cereal Bananas 1% Milk Whole Milk	9. French Toast Sticks Baked Apples 1% Milk Whole Milk	10. Assorted Scones Bananas 1% Milk Whole Milk	11. MG Cheerios Peaches 1% Milk Whole Milk	12. Nurtigrain Bars Bananas 1% Milk Whole Milk	
	15. Biscuits with Jam Pears 1% Milk Whole Milk	16. Oatmeal Bananas 1% Milk Whole Milk	17. Blueberry Muffins Mandarin Oranges 1% Milk Whole Milk	18. Cheerios Baked Apples 1% Milk Whole Milk	19. Belvita Bars Bananas 1% Milk Whole Milk	
	22. Corn Chex Bananas 1% Milk Whole Milk	23. MG Cheerios Pineapple 1% Milk Whole Milk	24. Cream of Wheat Bananas 1% Milk Whole Milk	25. Biscuits with Jam Mixed Fruit 1% Milk Whole Milk	26. French Toast Sticks Bananas 1% Milk Whole Milk	
	29. Cinnamon Toast Crunch Cereal Bananas 1% Milk Whole Milk	30. Oatmeal Mandarin Oranges 1% Milk Whole Milk	31. Blueberry Scones Bananas 1% Milk Whole Milk			

*Whole Grain Menu Item

**Menu is subject to change

Snacks am/pm

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1. Academy Closed	2. AM: Nilla Wafers/Milk	3. AM: Goldfish/ Apple Juice	4. AM: Animal Crackers/Milk	5. AM: <mark>Sun</mark> Chips/Hummus	
	In Observance of New Year's Day	PM: Cheez- its/String Cheese	PM: Graham Crackers/GoGurt	PM: <mark>Wheat</mark> Thins/String Cheese	PM: Nilla Wafers/White Grape Juice	
	8. AM: Graham Crackers/GoGurt PM: Ritz Crackers/String Cheese	9. AM: Wheat Thins/White Grape Juice PM: Nilla Wafers/Milk	10. AM: Animal Crackers/Jell-O with Fruit PM: Sun Chips/String	11. AM: Cheez-its/Milk PM: Nutrigrain Bars/GoGurt	12. AM: Nilla Wafers/Apple Wedges PM: Goldfish/White Grape Juice	
	15. AM: Animal Crackers/Apple Juice PM: Sun Chips/Hummus	16. AM: Goldfish/String Cheese PM: Nilla Wafers/GoGurt	Cheese 17. AM: Fig Bars/Milk PM: Wheat Thins/String Cheese	18. AM: Ritz Crackers/Apple Juice PM: Trail Mix/Milk	19. AM: Graham Crackers/Jell-O with Fruit PM: Sun	
	22. AM: Goldfish/String Cheese PM: Animal Crackers/GoGurt	23. AM: Belvita Bars/Apple Juice PM: Trail Mix/Milk	24. AM: Sun Chips/ String Cheese PM: Nilla Wafers/GoGurt	25. AM: Nutrigrain Bar/Milk PM: Cheez- its/White Grape	Chips/String Cheese 26. AM: Animal Crackers/Apple Wedges PM: Wheat	
	29. AM: Sun Chips/Hummus	30. AM: Nilla Wafers/Milk	31. AM: Wheat Thins/String Cheese	Juice	Thins/String Cheese	
	PM: Animal Crackers/Apple Juice	PM: Ritz Crackers/GoGurt	PM: Graham Crackers/White Apple Juice			

Lunch

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1.	2.	3.	4.	5.	
		Chicken Nuggets	Cheeseburger	Mac & Cheese	Pizza	
	Academy Closed	Tater Tots	Green Beans	Carrots	Veggie Straws	
	In Observance of	Clementines	Pineapple	Apple Sauce	Peaches	
	New Year's Day	1% Milk	1% Milk	1% Milk	1% Milk	
		Whole Milk	Whole Milk	Whole Milk	Whole Milk	
	8.	9.	10.	11.	12.	
	Mini Corn Dogs	Spaghetti &	Grilled Cheese	Salisbury Steak	Fish Sticks	
	Carrots	Meatballs	Sandwich	Whipped Potatoes	Tater Tots	
	Mandarin Oranges	Green Beans	Tomato Soup	Tropical Fruit	Pineapple	
	1% Milk	Mixed Fruit	Clementines	1% Milk	1% Milk	
	Whole Milk	1% Milk	1% Milk	Whole Milk	Whole Milk	
		Whole Milk	Whole Milk			
	15.	16.	17.	18.	19.	
	Mac & Cheese	Turkey & Cheese	Hot Pockets	Chicken Nuggets	Pizza	
	Green Beans	Sandwiches	Carrots	Tater Tots	Sweet Potato Chips	
	Peaches	Potato Chips	Apple Sauce	Mixed Fruit	Clementines	
	1% Milk	Clementines	1% Milk	1% Milk	1% Milk	
	Whole Milk	1% Milk	Whole Milk	Whole Milk	Whole Milk	
		Whole Milk				
	22.	23.	24.	25.	26.	
	Chicken Sandwich	Cheeseburger	Chicken Tacos	Beefy Mac & Cheese	Mini Corn Dogs	
	Green Beans	Tater Tots	Refried Beans	Carrots	Tater Tots	
	Mandarin Oranges	Apple Sauce	Pears	Peaches	Apple Wedges	
	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk	
	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk	
	29.	30.	31.			
	Chicken Nuggets	Turkey & Cheese	Spaghetti &			
	Carrots	Sandwiches	Meatballs			
	Apple Sauce	Sweet Potato Chips	Green Beans			
	1% Milk	Pineapple	Mandarin Orange			
	Whole Milk	1% Milk	1% Milk			
		Whole Milk	Whole Milk			